

CV for Shannon Cutts

Publication:

- Author, *Beating Ana: How to Outsmart Your Eating Disorder and Take Your Life Back* (Health Communications, Inc.)
- CD Producer & Co-Editor, *You Are Not Alone: The Book of Companionship for Women With Eating Disorders, Vol 2* (April Dew Publishing)
- Editor, *Good News for Eating Disorders Recovery and Mentoring Moment*
- *Gurze Books* "Beating Ana" Blogger
- *Huffington Post*, Mentoring Blogger
- "Mentoring As An Essential Component of Recovery", *Eating Disorders Recovery Today, Winter 2009, Vol. 7, No. 1*

Organization:

- Founder/Director of **Key to Life: unlocking the door to hope**
- Founder/Director of **MentorCONNECT: Where Relationships Replace Eating Disorders**

Education/Training:

- Bachelors of Business Administration, The University of Texas at Austin, May 1994

Speaking Engagements:

- Colleges: (partial list) Tiffin College, Bucks College, Malone College, The College of New Jersey, Trinity College, Cy-Fair College, Northern Arizona University, Baylor University, Ashland College, Cottey College, Blackburn College
- Conferences: (partial list) the Renfrew Annual Foundation Conference for Professionals, the Texas Association for the Gifted & Talented, American Christian Schools International, Texas Counseling Agency, Texas Behavioral Health Institute, Texas Education Agency, American Association of University Women, The Chopra Center, TAHPERD
- Treatment Centers/Hospitals: (partial list) Sol Stone Center, Baylor College of Medicine/Menninger Clinic, West Oaks Hospital, The Maricopa Prevention Center, Remuda Ranch, Cadwalder Clinic
- Youth/Women's Groups: (partial list) Inspire! Women's Conference, Celebration Women's Ministries, Lake Charles Baptist Church, Fellowship of the Woodlands, Houston Christian High School, ReachingYouth.org

Media:

- TV Feature Interviews: HealthyPlace.com TV, KENZ5, KHOU11, WB Channel 39, WSAZ Ch3, Outlook Houston
- Radio Feature Interviews: Your Mental Health Talk Radio, KMNY Radio with host Jack Bishop, KMA Radio
- Print Feature Interviews: the Houston Chronicle, Wickenburg Sun, New Bern Sun Journal, Arizona Tribune, Daily Independent, Baytown Sun, Shelby Star, Philadelphia Inquirer, NJ Signal, Courier Times

Honors

- "Woman of Substance" – Eating Disorder Hope
- "Actionist of the Month" – Jess Nation (Jessica Weiner)
- "Inspiring Woman of the Month" – the You Are Not Alone Support Letter

Songwriting/Music

- Billboard WORLD Song Contest - First Place Winner CCM Song 2004
- Written, Recorded and Released two CDs: *Modern Day Eve* (2002), *Dream of a Forgotten People* (2004)
- Producer, *You Are Not Alone, Vol. 2 - Companion CD for Women With Eating Disorders* (2009)