



## Monday & Thursday Night Live Chat E-Support Groups

**FREE** to all *MentorCONNECT* members\*

**MEETS** online on Chat in the *MentorCONNECT* Community Forums each Monday and Thursday nights from 8-9 pm (CST)

- **STRONG** Pro-Recovery Themed Meetings with Homework Assignments
- To attend, log on to chat in the *MentorCONNECT* Community Forums
- Groups are moderated by trained facilitators

\*Membership in *MentorCONNECT* is **FREE**

To join, visit this link: **[www.key-to-life.com/mentorconnect](http://www.key-to-life.com/mentorconnect)**

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