

**PRESS RELEASE
FOR IMMEDIATE RELEASE**

The Mission: 25 times more people suffer from eating disorders than are HIV positive. For **National Eating Disorders Awareness Week** (February 22-28, 2009) four Houston-area women are on a mission to spread the word, and get Houston victims of eating disorders the help and support they need and deserve!

The Event: *Classy Book Launch Event*

The Date: Wednesday, February 18, 2009 at 7:00 pm

Purpose: Attendees will sponsor copies of ***Beating Ana: How to Outsmart Your Eating Disorder and Take Your Life Back*** to be donated to Houston area high schools, non-profit organizations, and eating disorder treatment centers (over 100 local organizations will benefit!) Each beneficiary organization will also receive information about **MentorCONNECT**, the first global mentoring forum created specifically for those in recovery from eating disorders.

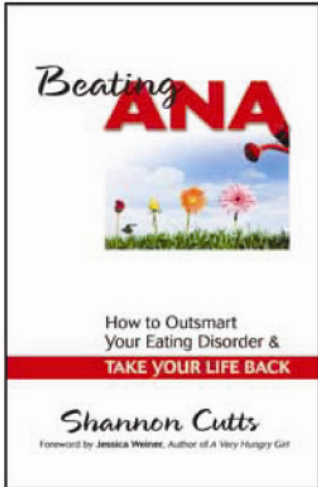
The Location: 1659 Castle Ct., Houston, TX 77006

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The Details: See below

SAVE THE DATE!!



Beating
ANA


How to Outsmart
Your Eating Disorder &
TAKE YOUR LIFE BACK

Shannon Cutts
Foreword by Jessica Weiner, Author of A Very Hungry Girl

Shannon's book launch!!
February 18th, 7pm

Let's shower Houston and national organizations with copies of this refreshing and empowering book designed to walk beside those struggling with Eating Disorders.

- Reading by the author at 8pm
- Donate a book to a local organization
- Purchase a copy for your library
- Meet the author
- Delectable edibles
- Wine and champagne
- To receive a sample of the book, email aliciareagan@gmail.com



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MentorCONNECT 
Relationships Replace Eating Disorders

www.key-to-life.com

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